

POST-OPERATIVE INSTRUCTIONS

Today, your child had dental treatment including a sedative to help calm them during treatment. He/she received the following sedative:

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| <input type="checkbox"/> Midazolam (Versed) | <input type="checkbox"/> Meperidine (Demerol) | <input type="checkbox"/> Hydroxyzine (Vistaril) |
| <input type="checkbox"/> Diazepam (Valium) | <input type="checkbox"/> Lorazepam (Ativan) | <input type="checkbox"/> Other |

Children respond to sedation in their own way, but the following guidelines may help you know what to expect traveling home and during the next 24 hours.

- **DEPARTURE** - We recommend that you bring another adult with you to the sedation appointment. We feel it is very important for you to take care of your child when he/she is in the child's car seat. The other adult can concentrate on safely driving you home. Please let us know if you have another adult with you at this time. **It is important that you place your child in a car seat or safety belts during your trip home.** Sometimes on the way home your child would like to take a nap. He/she tends to nod his/her head allowing the chin to touch the chest. However, it is also **important that you keep your child's chin up and away from his/her chest.** This is why it's important for you to have another adult with you to drive a car.
- **NAPS** - If your child wishes to take a nap, it is okay. Your child may sleep from two to four hours and may even be irritable for up to 24 hours after a sedation appointment. **When your child is sleeping is important that you place him/her on their side.** **Do not** let him/her lie on his/her back or stomach. Place pillows to the back and front sides to keep him/her on his/her side. If your child vomits make sure that you move the child away from any vomit and clean out his/her mouth. If your child sleeps longer than four hours please awaken him/her gently. **If you cannot awaken him/her, please call us immediately.**
- **DIET** - Because your child's teeth and mouth are numb, he/she should not eat for four (4) hours. Be sure your child does **not bite** or chew on his/her lip, cheek, or tongue while it is numb. It is best to give your child clear liquids such as water or apple juice when you get home. If your child had teeth removed, he/she should **not** use straws for two days. After the numbness wears off, only soft foods such as applesauce, noodles, soup, or Jell-O should be eaten. Do not give him/her large portions of food. Do not give him/her fatty foods such as French fries. By tomorrow, whatever foods your child can tolerate should be appropriate.
- **ACTIVITY** - We advise you to keep your child home for the rest of the day. Your child may be able to return to school on the next day. Your child may be unsteady when walking or crawling. He/she will need your support in protecting him/her from injury. Do not ignore him/her. An adult must be with the child at all times for at least four hours after he/she arrived home. Your child **should not perform any potentially dangerous** activities such as riding a bike, playing outside unsupervised, handling sharp objects, working with tools or toys, or climbing stairs until he/she is back to his/her usual alertness and coordination.

- **BLEEDING** - If your child had any teeth taken out or gum surgery, there may be a small amount of pinkish drooling from his/her mouth. This is not unusual. If you notice continuous bleeding from the gums, place gauze or a wet washcloth firmly over the bleeding area. Hold the gauze in place for at least fifteen minutes. Repeat once if necessary. If your child has bleeding you cannot control, call your dentist.
- **PAIN/DISCOMFORT** - There may be soreness of the mouth and jaw muscles after dental treatment. Unless your dentist gave you a prescription for pain medication Children's Tylenol or Motrin should be sufficient to control this pain. If this does not work, call your dentist.
- **NAUSEA/VOMITING** - This could be caused by the medications given, swallowed blood, anxiety or other reasons. If nausea occurs, give your child only clear liquids today. Keep his/her head elevated or have your child rest on his/her side. If nausea and vomiting persist, call your dentist. It is important to prevent dehydration.
- **ORAL HYGIENE** - You should gently brush your child's teeth tonight at bedtime. Do not brush aggressively and do not brush the gums in any area where teeth were extracted. Beginning tomorrow, brush and floss his/her teeth thoroughly every day with emphasis along the gum line. Do not let your child swish and spit for two days if your child had teeth removed or gum surgery. They can gently swirl water around their mouth with their lips closed, then open their mouth above the sink and let the water fall out of the mouth.
- **MEDICATIONS** - Continue giving your child his/her usual medications unless directed otherwise. If medication is prescribed, get the prescription filled immediately and give it to your child as directed.
- **EMERGENCY** - The following are reasons for you to call the doctor immediately:
 - You are unable to arouse your child.
 - Your child is unable to eat or drink.
 - Your child experiences excessive vomiting or pain.
 - Your child develops a rash

In case of emergency call 911.

Also call the Minster Dental Care immediately at the following number:

MINSTER DENTAL CARE:	(419)628-3380
AFTER HOURS NUMBER:	(502)648-2724

If at any time you have questions, please feel free to ask our staff call our office. We are here to help in any way we can.

Thank you for trusting us with your child's oral health!