

Kid Talk: Pediatric Dental Vocabulary Sheet

"It is not what we say, but how we say things that make a difference"

Dental Tools

Air Spray - Wind

Alginate - play-dough for teeth/ helps to make models/ mashed potatoes

Amalgam - tooth concrete/ tooth play-dough

Bands - Tooth Rings

Bristle polishers- fantasia mops

Burs - Brushes/ Spoons

Cotton Rolls- tooth pillows/ tongue pillows

Curing Light - flashlight/ mouth light/ tooth light

Elevator - Tooth pusher/ lifter/ wiggler

Explorer - Dora's explorer /Tooth checker

Extraction forceps-tooth huggers/holder

Extracted Tooth-tooth fairy present

Floss-silly string/ tooth jump rope

Fluoride-vitamins/sparkle gloss/ pixie dust/ force field

Gloves - keep our hands dry from spit, you don't want spit on your hands

High Evac Suction - vacuum cleaner/ super straw/ mouth cleaner

High Speed - Mr. Whistle/ Speed Brush

Isodry/Isolite - flipflop/ mouth couch

Mask - sneeze catcher/ helps to not pass germs

Mirror - Barbie mirror/ tooth mirror

Mouth prop - tooth chair/tooth pillow

Panoramic - Picture of your face/ space ship

RD clamps - rings

Resin - White Star/ white play-dough/ Tooth material

Rubber dam - raincoat

Saliva ejector - spit straw

Sealant - paint to protect your tooth

Shot - Sleepy Juice/ sleepy water for your tooth

Slow Speed- Mr. Bumpy/ brush to clean your tooth

Space maintainers - Tooth jewelry/ space holders

SSC- princess crown tooth/ jewelry princess crown/ tooth hard hat

X-rays - Pictures of Teeth

Procedures

Injections - "The Shot"

- Coaching becomes very important
- Place on Nitrous if indicated
- Topical placed after drying and kept dry
- Explain to the child that Dr. is going to spray a little sleepy juice/water on their tooth to make it feel good. We all like juice, teeth love sleepy juice!
- Doctor is the only one talking to the child if child becomes distressed
- Remember to tell the child to keep their eyes open, watching what is on TV
- When we close our eyes it makes our other sense go crazy
- Have "Spit Sucker" ready to suction as soon as injection is complete
- "May feel a pinch like a mosquito bite"
- Assist in helping the patient stay calm, and watch their hands!

Fillings

- We brush sugar bugs off your teeth to get them clean
- We brush food out of your teeth. Are you saving that for a snack?
- High Speed Hand Piece
 - You are going to hear a whistle sound, can you whistle?
 - Do you feel that air in your hair? Now you are going to feel some air on your tooth, lets practice.
- Slow Speed Hand Piece
 - This brush is going to feel a little bumpy. Have you have been in a car with a bumpy road?
 - This brush is going to shake your tooth a little, it might tickle
- Condensing the amalgam - sounds like walking on the snow
- We place a silver hat on your tooth to protect it from getting any sicker
- We place a silver crown on your tooth so that it will be strong
- Sealants are a clear coating we place on your teeth to protect them from getting cavities - easy to do like polishing your teeth

Extractions

- Ask to hold their hand, and then ask them to squeeze your hand as hard as they can. Make the association that pressure does not hurt, but it can feel a little uncomfortable
- Extraction you'll feel pressure and hear crunchy noises like snap crackle and pop rice crispies
- When using a periotome you can say "I am drawing a circle around your tooth, if you feel any pinches raise your hand"
- Elevating the periosteum-checking to see if the tooth is sleeping
- Wiggling the tooth is dancing, or swaying in the wind

Space Maintainers

- Holding arches are "spacers", they create space and hold it so your big teeth can have room
- Baby Braces without the wires in the front
- A special retainer that you don't have to worry about your dog eating